EMPowerplus™ ULTIMATE

Truehope EMPowerplus™ ULTIMATE is our newest, most powerful form of EMPowerplus. An ultra-high concentration of the same 36 essential ingredients for optimal health. With advanced Apex bio-availability technology, Ultimate is the most efficiently absorbed product we offer, requiring only one capsule a day.

Who should take it: Not recommended for children under the age of 12.

EMPowerplus Advanced™

Truehope EMPowerplus Advanced™ capsules allow you to have one product for the entire family, nourishing the bodies and minds with the multivitamins and nutrients each needs.

Who should take it: Advanced is an incredible daily supplement for all ages when taken correctly.
Truehope EMPowerplus Methylated Advanced™ is our original and unique formulation of 36 nutrients, only differing in using the methylated forms of two vitamins, B12 and folate.

We created this formula for those whose bodies cannot methylate B vitamins as most can. Individuals that suffer with the rare MTHFR gene expression will benefit most from this product.

If you are uncertain that this methylated formula is right for you, please call and speak with a support representative that will help you with your choice of products.

Truehope EMPowerplus Classic is the original combination of 36 nutrients designed to provide nutritional support for the central nervous system. The classic formulation is only available in tablet form at this time.

Truehope EMPowerplus Powders is the same combination of 36 nutrients available in tablet and capsule form to provide nutritional support for the central nervous system. It is in powder form for anyone struggling with swallowing capsules or tablets.

With two great flavors—Mandarin Orange or Berries & Banana—EMPowerplus powders are a great additive to smoothies, yogurt, favorite juice, or even just a glass of cold water.
Truehope AminoPower Advanced™ has been specifically formulated and balanced for the human body to deliver every essential amino acid to promote and maintain health. Because the free-form amino acids and supportive nutrients in AminoPower Advanced need no digestion, your body rapidly absorbs them. Amino acids are essential for virtually every function of life: from fueling and repairing your intestinal tract to enhancing brain performance and mood by promoting the synthesis of neurotransmitters.*

Truehope Inositol has been shown in studies to significantly benefit people who suffer with anxiety and panic. An all natural Vitamin B8 complex, Inositol naturally enhances brain function and provides a profound calming effect.*

Truehope BMD Advanced™ is a bone mineral developer that reduces the risk of developing osteoporosis. It provides balanced and highly-absorbable restorative minerals necessary for healthy bone density. As well as helping develop and maintain bone, BMD Advanced aids in maintaining healthy cartilage, teeth, and gums.*

Truehope OLE™ is a natural, antioxidant-rich extract from the olive leaf that supplies particular daily needs to promote and maintain a healthy bowel and immune system. It has also proven powerful and effective use as an anti-fungal.*
Truehope GreenBAC™ is a rich blend of eight bacteria, as well as botanicals, algae, enzymes, and ingredients designed to maintain and promote a healthy digestive system. This combination of super foods, combined with friendly bacteria, creates a powerful regulating effect on an unruly gut and helps promote and maintain the healthy bowel function. Each serving contains billions of bacteria as well as plenty of prebiotics that help bacteria thrive.

Truehope Nascent Iodine Advanced™ is an essential element for healthy thyroid hormone production, and an efficient metabolism. Sufficient levels of iodine increase cell absorption of nutrients which includes vitamins and minerals.

(ADDITIONAL PRODUCTS ON NEXT PAGE)
Natural Factors Phosphatidyl Choline

Scientific research has revealed the outstanding benefits of choline for both liver and brain function. Phosphatidyl choline is a phospholipid derived from soy, making it a completely natural substance. Truehope EMPowerplus™ users have found that choline can slow racing thoughts and address other troubling symptoms resulting from elevated mood. Extensive data also demonstrate that the symptoms of tardive dyskinesia can be reduced by choline or lecithin.*

Natural Factors Phosphatidyl Serine

is a phospholipid that supports healthy brain function and lowers cortisol levels. Participants who add serine to their program transition more easily from medications to EMPowerplus™. Stress caused by medication reductions as well as general stress raise cortisol levels. Some of the symptoms associated with high cortisol levels are anxiety/panic, depression, and feeling exhausted. Even if a person is not taking medications when they start the program, phosphatidyl serine can be suggested if raised cortisol levels are suspected. Serine is a natural component of the brain and is integral to all brain cell activity.*

Tart Cherry

is a rich source of powerful antioxidants, including kaempferaol, quercetin, anthocyanins, and melatonin. Research indicates that tart cherries can help maintain healthy joints and cardiovascular health, reduce body inflammation, and soothe muscle soreness. It also helps with gout. In our experience, continued use of this product can help relieve general aches and pains. It can be taken with or without food, and it works as a natural anti-inflammatory.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.